

COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY

COVID WATCH

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

After Provider enrolls patient

- ☐ Verify patient received and replied to enrollment text
- ☐ Provide education on texting program
- ☐ Communicate enrollment to care team

COVID PULSE

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

After Provider enrolls patient

- ☐ Verify patient received and replied to enrollment text
- ☐ Communicate enrollment to care team
- ☐ Retrieve pulse ox from clinical manager's office and [provide education](#) on pulse ox and texting program
- ☐ Update the [Pulse Ox Tracker](#) with the latest count

PENN MEDICINE AT HOME

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

After Provider enrolls patient

- ☐ Provide support with HRS app download as needed
- ☐ Retrieve pulse ox from clinical manager's office and [provide education](#)
- ☐ Update the [Pulse Ox Tracker](#) with the latest count

RN CHECKLIST

COVID Watch / Pulse Teaching Points:

- ☐ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
- ☐ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

- ☐ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
- ☐ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- ☐ Instruct patient not to wear nail polish