

COVID-19 ED-Facilitated Discharge Programs



COVID WATCH

COVID PULSE

PENN MEDICINE AT HOME

RN CHECKLIST

- Take amb. SpO2 and document via vitals flow sheet
- Communicate with care team to confirm most appropriate program
- After Provider enrolls patient*
- Verify patient received and replied to enrollment text
- Provide education on texting program
- Communicate enrollment to care team

- Take amb. SpO2 and document via vitals flow sheet
- Communicate with care team to confirm most appropriate program
- After Provider enrolls patient*
- Verify patient received and replied to enrollment text
- Communicate enrollment to care team
- Retrieve pulse ox from clinical manager's office and [provide education](#) on pulse ox and texting program
- Update the [Pulse Ox Tracker](#) with the latest count

- Take amb. SpO2 and document via vitals flow sheet
- Communicate with care team to confirm most appropriate program
- After Provider enrolls patient*
- Provide support with HRS app download as needed
- Retrieve pulse ox from clinical manager's office and [provide education](#)
- Update the [Pulse Ox Tracker](#) with the latest count

- COVID Watch / Pulse Teaching Points:**
- Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
 - At any time patients can text in "WORSE" to escalate their care to a clinician

- Pulse Ox Teaching Points:**
- Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
 - Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
 - Instruct patient not to wear nail polish