

## COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY

### COVID WATCH

### COVID PULSE

### PENN MEDICINE AT HOME

CRC/SW CHECKLIST

*After communicating with care team to confirm most appropriate program:*

- ☐ Confirm patient mobile number and ability to text
- ☐ Verbally consent and enroll patient [via PennChart](#)
- ☐ Double check that the patient is only enrolled in a single COVID Discharge Program
- ☐ Verify patient received and replied to enrollment text
- ☐ Provide education on texting program
- ☐ Communicate enrollment to care team

*After communicating with care team to confirm most appropriate program:*

- ☐ Confirm patient mobile number and ability to text
- ☐ Verbally consent and enroll patient [via PennChart](#); enter SpO2, as captured by RN
- ☐ Double check that the patient is only enrolled in a single COVID Discharge Program
- ☐ Verify patient received and replied to enrollment text
- ☐ Communicate enrollment to care team
- ☐ Retrieve pulse ox from medic closet or nurse station, ensuring batteries are installed, and provide education on texting program and [pulse ox](#)

*After communicating with care team to confirm most appropriate program:*

- ☐ Verbally consent and [Place referral to PMAH](#); Comment "ED patient COVID confirmed or suspected"
- ☐ Double check that the patient is only enrolled in a single COVID Discharge Program
- ☐ If patient does not have a device, comment "Needs equipment"
- ☐ If possible, support patients using their own device to download the HRS app ([instructions](#))
- ☐ Retrieve pulse ox, ensuring batteries are installed, and [provide education](#)
- ☐ Coordinate with PMAH on-call MD as needed (484-431-9032)

#### COVID Watch / Pulse Teaching Points:

- ☐ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
- ☐ At any time patients can text in "WORSE" to escalate their care to a clinician

#### Pulse Ox Teaching Points:

- ☐ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
- ☐ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- ☐ Instruct patient not to wear nail polish