

## COVID-19 ED Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY 

WHAT'S INCLUDED

### COVID WATCH



**TEXT-BASED SYMPTOM  
CHECK-INS (2X / DAY)**



**ESCALATION TO RN/APP/MD AS  
NEEDED**

### COVID PULSE



**TEXT-BASED SYMPTOM  
CHECK-INS (2X / DAY)**



**PULSE OX  
MONITORING**



**ESCALATION TO RN/APP/MD AS  
NEEDED**

### PENN MEDICINE AT HOME



**VIDEO VISITS (2X / DAY)**  
DEVICES & EDUCATION GIVEN AS NEEDED



**24/7 ON-CALL RN LINE;  
DAILY MD CASE REVIEW**



**FREQUENT, COMPLETE VITALS  
MONITORING**



**IN-PERSON VISITS AND CARE AS  
NEEDED**  
EXAMPLE: IVF, WOUND CARE ETC.

TARGET PATIENTS

#### STABLE FOR DISCHARGE WITH:

No or well-managed comorbidity

**AND** negative imaging

**AND** amb. SpO2:  $\geq 95$  **RA**

**EXCLUDE** if non-tech savvy; consider  
referral to PMAH instead

#### STABLE FOR DISCHARGE WITH:

\*Multiple well-managed comorbidities

**AND/OR** new infiltrate

**AND/OR** amb. SpO2: 93-94 **RA**

**EXCLUDE** if non-tech savvy; consider  
referral to PMAH instead

#### STABLE FOR DISCHARGE WITH:

\*Significant comorbidities with need for  
close monitoring (e.g., poorly controlled DM,  
significant cardiac or lung disease, active cancer on  
treatment, immunosuppression)

**OR** home health need

### PREGNANCY WATCH

For pregnant patients < 16 weeks meeting COVID  
WATCH criteria enroll into **PREGNANCY WATCH**.  
Consult 215-662-3815 for pregnant patients  
meeting COVID Pulse criteria and/or  $\geq 16$  weeks  
for further guidance.

### \* IMPORTANT

For patients with well-documented Penn PCPs or specialists, please attempt coordination with  
provider/service prior to discharge (phone call, then epic message). Do not enroll patients in multiple  
COVID discharge programs.

ED physician may consider enrollment of patients with ambulatory SpO2 92 if well-appearing, with  
negative imaging/workup.