

COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY 

COVID WATCH

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

During CM/SW off-hours only:

- ☐ Confirm patient mobile number and ability to text
- ☐ Verify patient received and replied to enrollment text
- ☐ Provide education on texting program

COVID PULSE

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

During CM/SW off-hours only:

- ☐ Confirm patient mobile number and ability to text
- ☐ Provide education on texting program
- ☐ Retrieve pulse ox, ensuring batteries are installed, and [provide education](#)

PENN MEDICINE AT HOME

- ☐ Take amb. SpO2 and document via vitals flow sheet
- ☐ Communicate with care team to confirm most appropriate program

RN CHECKLIST

COVID Watch / Pulse Teaching Points:

- ☐ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
- ☐ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

- ☐ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
- ☐ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- ☐ Instruct patient not to wear nail polish