COVID WATCH
COVID PULSE
PENN MEDICINE AT HOME

After communicating with care team to confirm referral to PMAH:
. Verbally consent and Place referral to PMAH; Comment "ED patient COVID confirmed or suspected"

- Double check that the patient is only enrolled in a single COVID Discharge Program
- In PennChart, if patient does not have a device, comment "Needs equipment"
- If possible, support patients using their own device to download the HRS app (instructions)
- Retrieve pulse ox, ensuring batteries are installed, and provide education
- Coordinate with PMAH on-call MD as needed (484-431-9032)


## COVID Watch / Pulse Teaching Points:

- Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
$\square \quad$ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

- Instruct patient to walk in place or around the house for 1 minute before measuring their SpO 2
- Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- Instruct patient not to wear nail polish

