Penn Medicine Princeton Health

COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY ➝ HIGHER SEVERITY

RN CHECKLIST

COVID WATCH	COVID PULSE	PENN MEDICINE AT HOME
❑ Take amb. SpO2 and document via vitals flow sheet	❑ Take amb. SpO2 and document via vitals flow sheet	❑ Take amb. SpO2 and document via vitals flow sheet
❑ Communicate with care team to confirm most appropriate program	❑ Communicate with care team to confirm most appropriate program	❑ Communicate with care team to confirm most appropriate program
After Provider enrolls patient	*After Provider enrolls patient*	*After Provider enrolls patient*
❑ Verify patient received and replied to enrollment text	❑ Verify patient received and replied to enrollment text	❑ Retrieve pulse ox and provide education
❑ Provide education on texting program	❑ Communicate enrollment to provider	❑ Update the Pulse Ox Tracker with the latest count
❑ Communicate enrollment to care team	❑ Retrieve pulse ox and provide education on pulse ox and texting program	
	❑ Update the Pulse Ox Tracker with the latest count	

COVID Watch / Pulse Teaching Points:

❑ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)

❑ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

❑ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2

❑ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated

❑ Instruct patient not to wear nail polish