



COVID-19 ED Facilitated Discharge Programs

LOWER SEVERITY

HIGHER SEVERITY

WHAT'S INCLUDED

COVID WATCH



**TEXT-BASED SYMPTOM
CHECK-INS (2X / DAY)**



**ESCALATION TO RN/APP/MD AS
NEEDED**

COVID PULSE



**TEXT-BASED SYMPTOM
CHECK-INS (2X / DAY)**



**PULSE OX
MONITORING**



**ESCALATION TO RN/APP/MD AS
NEEDED**

PENN MEDICINE AT HOME



VIDEO VISITS (2X / DAY)
DEVICES & EDUCATION GIVEN AS NEEDED



**24/7 ON-CALL RN LINE;
DAILY MD CASE REVIEW**



**FREQUENT, COMPLETE VITALS
MONITORING**



**IN-PERSON VISITS AND CARE AS
NEEDED**
EXAMPLE: IVF, WOUND CARE ETC.

TARGET PATIENTS

STABLE FOR DISCHARGE WITH:

No or well-managed comorbidity

AND negative imaging

AND amb. SpO2: ≥ 95 **RA**

EXCLUDE if non-tech savvy; consider
PMAH referral instead

STABLE FOR DISCHARGE WITH:

*Multiple well-managed comorbidities

AND/OR new infiltrate

AND/OR amb. SpO2: 93-94 **RA**

EXCLUDE if non-tech savvy; consider
PMAH referral instead

STABLE FOR DISCHARGE WITH:

*Significant comorbidities with need for
close monitoring (e.g., poorly controlled DM,
significant cardiac or lung disease, active cancer on
treatment, immunosuppression)

OR home health need

PREGNANCY WATCH

For pregnant patients < 16 weeks meeting COVID
WATCH criteria enroll into **PREGNANCY WATCH**.
Consult 215-662-3815 for pregnant patients
meeting COVID Pulse criteria and/or ≥ 16 weeks
for further guidance.

* IMPORTANT

For patients with well-documented Penn PCPs or specialists, please attempt coordination with
provider/service prior to discharge (phone call, then epic message). Do not enroll patients in multiple
COVID discharge programs.

ED physician may consider enrollment of patients with ambulatory SpO2 92 if well-appearing, with
negative imaging/workup.