COVID-19 ED-Facilitated Discharge Programs

LOWER SEVERITY → HIGHER SEVERITY

COVID WATCH	COVID PULSE	PENN MEDICINE AT HOME

RN CHECKLIST

COVID WATCH

- ❏ Take amb. SpO2 and document value accordingly
- ❏ Communicate with care team to confirm most appropriate program

During CRC off-hours only:

- ❏ Confirm patient mobile number and ability to text
- ❏ Verify patient received and replied to enrollment text
- ❏ Provide education on texting program

COVID PULSE

- ❏ Take amb. SpO2 and document value accordingly
- ❏ Communicate with care team to confirm most appropriate program

During CRC off-hours only:

- ❏ Confirm patient mobile number and ability to text
- ❏ Provide education on texting program
- ❏ Retrieve pulse ox, ensuring batteries are installed, and provide education

PENN MEDICINE AT HOME

- ❏ Take amb. SpO2 and document value accordingly
- ❏ Communicate with care team to confirm most appropriate program

During CRC off-hours only:

- ❏ Inform patient they will receive a call in the morning to go over program in detail
- ❏ Verify patient ability to use HRS app; support patient in download and proper use
- ❏ Retrieve pulse ox, ensuring batteries are installed, and provide education

COVID Watch / Pulse Teaching Points:

- ❏ Instruct patient that they will receive text messages twice a day and they are to respond with how they are feeling (Watch) or their amb. SpO2 (Pulse)
- ❏ At any time patients can text in "WORSE" to escalate their care to a clinician

Pulse Ox Teaching Points:

- ❏ Instruct patient to walk in place or around the house for 1 minute before measuring their SpO2
- ❏ Instruct patient to only perform amb. pulse ox if they feel safe to do so; otherwise, take pulse ox while seated
- ❏ Instruct patient not to wear nail polish