EXPOSURE MINIMIZATION WHEN ON SERVICE



Attire

- Change in/out of dedicated work clothes at work
 - HUP: Scrubs available in Ravdin basement; leave in soiled linens container for laundering
- AVOID long sleeves, ties, jewelry, watches
- DO NOT WEAR YOUR WHITE COAT
- If necessary to bring home work clothes, place in plastic bag and launder in high heat along with any work outerwear daily



Cell phones

- AVOID USE IN PATIENT ROOMS
- · Sanitize with sanitizing wipes or UV box



Hygiene

- · Socially distance in shared workspaces
- Sanitize high touch workspace and call room surfaces (WOWs, mice, keyboards, etc.)
- · Sanitize in room stethoscopes before use
- · Avoid sitting down in COVID-19+ patient rooms
- Wash hands frequently & before leaving work
- · Shower before leaving work or on arrival home
- · Sanitize high touch surfaces in car and home

Instructional Guides N95 3M 1860 Overview N95 3M 1870 Overview PAPR Overview (Onsite) (VPN) PAPR Video Donning/doffing (Onsite) (VPN) PPE & Isolation policies Overview of PPE guidelines HUP PPE and isolation guidelines PPMC (Onsite) (VPN)

Penn Medicine Tip Sheet: Exposure & Symptom Mgmt

Contents may change - Updated 5/10/20 - See latest version here

I HAD A BREACH IN PPE WITH A <u>CONFIRMED</u> COVID-19 PATIENT.
WHAT DO I DO?

(1) INFORM DIVISIONAL AND CLINICAL SUPERVISORS
(2) INFORM OCCUPATIONAL HEALTH* & (3) INFECTION CONTROL**

HIGH RISK EXPOSURE

Inappropriate PPE during:

- Aerosol-generating care
- Exposure to COVID-19+ close household contact

14 days no work + quarantine + active monitoring

MEDIUM RISK EXPOSURE

Inappropriate PPE during:

 Prolonged contact but no aerosol-generating care 7 days no work + quarantine
14 days active monitoring
Resume work day 8 if no symptoms

LOW RISK EXPOSURE

Inappropriate PPE during:

 Contact/care not prolonged or aerosol-generating

Continue work if no symptoms

Active monitoring

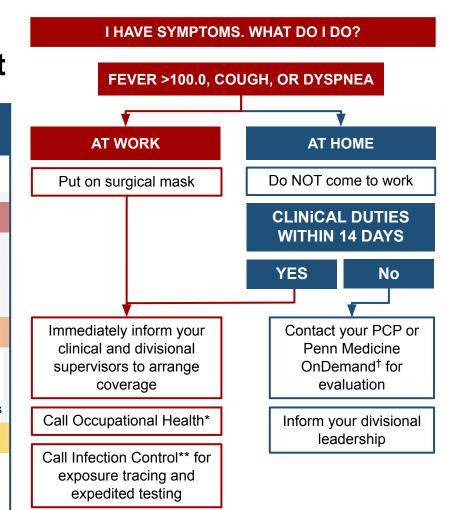
Aerosol-generating: CPR, intub/extubation, NPPV, HFNC, NRB, BVM, venti mask, bronch, neb, open suction, vent disconnect, chest PT, trach collar, placing/exchanging/removing trach, placing NGT/DHT

Prolonged contact: >10 min within 6 feet and/or direct touching **Active monitoring:** Twice daily symptom & temperature check

<u>Note</u>: Report exposure to PUI without appropriate PPE to Infection Control. If a provider or patient not on isolation tests positive, Infection Control will trace contacts & notify exposed persons

Detailed HUP Exposure Guidelines found <u>here</u>.

Infection Control PPE & exposure management policies are continually evolving. Check UPHS COVID-19 website (<u>Onsite</u>) (<u>VPN</u>) or with unit nursing managers for most updated information.



EXPOSURE CONTACTS		
*Occupational Health		215-662-2354 (main) 215-662-6110 (if urgent) 215-662-8290
**Infection Control	PPMC:	215-662-6995 After hours: call operator 215-662-8098 After hours: call operator or email D'Donnell@pennmedicine.upenn.edu
[†] Penn Medicine OnDemand		215-615-2222 My Penn Medicine portal

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