

# Post Proning Checklist

Original Document 4-16-20

Reviewed 8-24-20

Area	Check Point
Head/Face	Check ETT/tracheostomy is accessible/ not kinked
	All connections between ETT and ventilator circuit secure
	ETT not compressing the lips
	Confirm ears are not bent over
	Eyes lubricated/ taped closed if needed
	No direct pressure on eyes
	Ensure 30° head up position (Reverse Trendelenberg)
	Move head side to side during bundled care activities
	NGT secure and not causing pressure to nostril
Neck	Patients lower back and neck are not hyper-extended
	Front of neck free from compression
	Central line(s) secure
Chest	Chest drains patent and in correct suction
	Breasts supported and free from pressure
Abdomen	Abdomen free
Pelvis	Pelvic support cushion in place
	Male genitalia positioned between legs
	Catheter tubing is free and between legs
Arms	Arms in swimmers position
	Shoulders not rotated
	No compression over elbows
	Wrists in neutral position
	Hands free
	No peripheral IVs under patient
Legs	Pillows positioned underneath shins to prevent extension
Infusions/ECG	All infusions connected and infusing
Monitoring	ECG leads not underneath patient

Taken from "Guidance for Proning in Adult Critical Care"; *Intensive Care Society* 2019