

Updated: 8/2021

Parents or caregivers of children may need to navigate a child’s exposure to COVID-19 that occurs in the school or daycare setting. Children may also have symptoms of COVID-19 or test positive for COVID-19. The following recommendations from UPHS Infection Control and Occupational Medicine are intended to help these healthcare workers anticipate how their ability to come to work may be impacted in these situations.

Scenario relative to symptoms or exposure	Parent or caregiver work restrictions
1. Child with COVID-19 confirmed by positive testing	<p>If HCW vaccinated – quarantine at home for 7 days from date of child’s positive test, HCW must have negative test at day 5-7 prior to return to work on day 8</p> <p>If HCW unvaccinated – quarantine at home until 7 days after child is CLEARED from isolation, recommend testing day 5-7 from child’s symptom onset</p>
2. Child with significant community exposure to someone with COVID-19 and remains ASYMPTOMATIC	<p>Parent or caregiver can continue to work as long as they (and child) remain asymptomatic.</p>
3. Child with symptoms of COVID-19 with KNOWN COVID-19 exposure within past 14 days	<p>Parent or caregiver should home isolate and alert manager and entity infection control. We recommend the parent or caregiver discusses the child’s symptoms and decision regarding COVID-19 testing with their pediatrician.</p> <ul style="list-style-type: none"> - if child is NOT tested for COVID-19, and no alternative explanation for symptoms, follow scenario #1 - if child is NOT tested for COVID-19, and alternative explanation for symptoms as determined by pediatrician (i.e. strep throat, UTI, cellulitis, hand foot and mouth, etc), parent or caregiver can return to work after discussion with local infection control - if child tested for COVID-19 and POSITIVE, follow scenario #1 - if child tested for COVID-19 and NEGATIVE, parent or caregiver can return to work as long as asymptomatic
4. Child with symptoms of COVID-19 with NO known COVID-19 exposure within past 14 days	<p>Parent or caregiver can continue to work as long as they remain asymptomatic.</p> <ul style="list-style-type: none"> - if child is NOT tested for COVID-19 or tests negative, parent or caregiver can continue to work as long as there are asymptomatic - if child tested for COVID-19 and POSITIVE, follow scenario #1

For questions about these recommendations, please contact your local Infection Control office.