



Lead Strong: Lunch with Leaders
Tips for *Mic-Dropping* Presentations

June 3, 2021, 12 – 1 PM

EVENT NAME: Lead Strong LIVEcast: Lunch with Leaders
EVENT BY: MTP 4

EVENT CHAT

[2021-06-03 11:54:58] [Gretchen Kolb] Thank you for joining us! We will be getting started in 5 minutes.
[2021-06-03 12:01:03] [Gretchen Kolb] We love hearing from you. Please use the chat function to add your comments and feedback.
[2021-06-03 12:01:37] [Gretchen Kolb] Text 72690 to 215-398-6728
[2021-06-03 12:01:50] [Gretchen Kolb] Login at <https://upenn.cloud-cme.com> and enter the event code via My CE/CME >> Claim Credit
[2021-06-03 12:02:05] [Gretchen Kolb] CloudCME app using the institution code, UPENN
[2021-06-03 12:02:21] [Gretchen Kolb] For any questions, please contact penncme@pennmedicine.upenn.edu
[2021-06-03 12:02:39] [Gretchen Kolb] The recording for this session, other resources and presentations are available via Lead Strong at:
<https://www.med.upenn.edu/uphscovid19education/lead-strong.html>
[2021-06-03 12:02:57] [Carrie] what is the code please?
[2021-06-03 12:03:12] [Gretchen Kolb] 72690
[2021-06-03 12:03:13] [Carrie] found it!
[2021-06-03 12:03:59] [Gretchen Kolb] If you did not see last week's session, it was a great "pick me up" and reminder of why we do what we do!
[2021-06-03 12:04:47] [Gretchen Kolb]
https://www.uphs.upenn.edu/employeeselfservice/LandingPages/PennMedicine_BookClub/index.html?_zs=4UFJh1&_zl=UmOc7
[2021-06-03 12:05:30] [Steve] The book is great!
[2021-06-03 12:05:35] [Gretchen Kolb] All our events can be found on the Talent Development website
[2021-06-03 12:05:55] [Gretchen Kolb] <https://www.med.upenn.edu/uphscovid19education/30-minute-coach.html>
[2021-06-03 12:06:01] [Tami Montroy] 1/2 way through the book. It's very good!
[2021-06-03 12:06:07] [dianna kane] the book is a great read
[2021-06-03 12:07:13] [Gretchen Kolb] Agree - great book! lots of tips on having challenging conversations, which is a topic that we hear requests for often
[2021-06-03 12:07:27] [Susan McGarvey] can you please post a link to last June's session that was just mentioned?
[2021-06-03 12:08:37] [Gretchen Kolb] text "pennmedicine918" to "22333"
[2021-06-03 12:08:53] [Gretchen Kolb] If you are on your computer, you can also click on the link on chat www.PollEv.com/pennmedicine918
[2021-06-03 12:09:01] [Marie Devenny] YAY MIKE!!!! :)
[2021-06-03 12:10:10] [Gretchen Kolb] Susan, it is on the lead strong site:<https://www.med.upenn.edu/uphscovid19education/lead-strong.html>
[2021-06-03 12:10:19] [dianna kane] cautious
[2021-06-03 12:10:47] [Gretchen Kolb] Top Tips for Meaningful Performance Reviews During Challenging Times

June 25, 2020, 12 – 1 pm

<https://weblogin.pennkey.upenn.edu/idp/profile/SAML2/Redirect/SSO?execution=e1s1>

[2021-06-03 12:11:12] [Susan McGarvey] thank you!



[2021-06-03 12:12:11] [Susan McGarvey] Gretchen that link takes me to a page that says Web Login Service - Stale Request

[2021-06-03 12:15:09] [Gretchen Kolb] You will have to be on VPN. The site will require you to log in with your PennKey.

[2021-06-03 12:16:04] [Gretchen Kolb] If the direct link is not working for you, try going to Lead Strong. <https://www.med.upenn.edu/uphscovid19education/lead-strong.html>

[2021-06-03 12:18:33] [maggie mcintosh] Mike leads by example in authenticity and caring. Great presenter. I've learned a lot by watching/listening to him.

[2021-06-03 12:19:53] [maggie mcintosh] I'm gonna steal that stickie note idea! ;)

[2021-06-03 12:20:05] [Gretchen Kolb] What tips do you have for doing good presentations? What does your prep look like?

[2021-06-03 12:20:08] [Lee Leibowitz] Reminds me of one of my favorite quotes (that I often say re: presentation): "I apologize for such a long letter - I didn't have time to write a short one." (attributed to Mark Twain)

[2021-06-03 12:20:15] [Vivian Lee] What are your opinions on teleprompters? There are a lot of apps out there right now. Worth it or not?

[2021-06-03 12:20:46] [Dan Feinberg] Start with a relevant story to connect to the audience. Know that audience!

[2021-06-03 12:20:50] [Jon (he/him)] The WHAM framework (What Here Applies to Me) is useful for thinking about your audience.

[2021-06-03 12:20:52] [Dave] Audience engagement

[2021-06-03 12:20:52] [Carolyn Blaylock] Be prepared, be authentic, be fluid with the engagement of the audience.

[2021-06-03 12:20:59] [Dan Feinberg] Don't read!

[2021-06-03 12:21:00] [Fern Nibauer-Cohen] Getting "grounded" and doing some breathing exercises before I present. I have also inhaled lavender oil. And...working with Dana. She helped me so much over the years.

[2021-06-03 12:21:05] [Lester Lledo] beyond the content, rehearsing your presentation

[2021-06-03 12:21:06] [Robert Bacon] #1 know your content and respect your audience

[2021-06-03 12:21:19] [Nathaniel Maloney] I hear what you're saying but it is very hard to keep people engaged so all of that information that doesn't get included can often need to be heard and include seems to be totally forgotten a week later, but having it on the slides give something people can go back to. How do you balance that?

[2021-06-03 12:21:22] [Mike Posencheg] Repeat key points.

[2021-06-03 12:21:28] [Noelle Banks] Knowing your Material. Not overloading the PPT with bullets are all important. preparing in advance

[2021-06-03 12:22:18] [mary logiudice] use key words on slides and speak to them

[2021-06-03 12:22:45] [colleen] no paragraphs in your slides

[2021-06-03 12:22:49] [Samantha Simonsen] Share personal experiences (if it is authentic and relevant)

[2021-06-03 12:23:49] [Sherine Koshy] Rehearse with team/kids/pets/mirror

[2021-06-03 12:24:38] [Julie] Place some slides on reserve at the end of the deck in case someone asks a question that requires specific detail.

[2021-06-03 12:25:00] [Suzanne Smith] Great point to say anything other than "ok" when asked!!

[2021-06-03 12:25:36] [richard.wender@penmedicine.upenn.edu] Love that point Mike, Leaders are always "presenting" when they're in public

[2021-06-03 12:26:39] [fred squires] and to think - for the last ten years I really thought that mike was having an awesome day every day

[2021-06-03 12:27:19] [Bob Weidner] great point to practice out loud

[2021-06-03 12:28:12] [Samantha Simonsen] Watch yourself present from a prev taped meeting and while it can be uncomfortable to watch yourself it does help give you some perspective of what goes well and what doesn't.

[2021-06-03 12:28:22] [Quinetta Lee] What are your thoughts on incorporating animation and sound on slides?

[2021-06-03 12:28:48] [Chris Barba] Love less is more. People are either reading your slides or listening to you, but they're not doing both.

[2021-06-03 12:28:56] [Jen Rader] Great point Mike. We don't have to make our presentations overly academic.

[2021-06-03 12:29:08] [Jon (he/him)] PPT is often used to prepare handouts when it should be used to add visual impact to the story you are telling. One path I've taken is producing a handout for distribution later.

[2021-06-03 12:29:17] [Gretchen Kolb] Great tips from Mike, Dana and the audience!

[2021-06-03 12:29:36] [Nathaniel Maloney] That makes sense! I try to do that and just need some more practice on the slides. The idea of a handout is amazing! On the subject of data presentation I love Edward Tufte!

[2021-06-03 12:29:43] [Denise Mariotti] stay on topic

[2021-06-03 12:29:44] [Melissa Dunlop] BLUF Bottom Line Up Front. I scan for that too.

[2021-06-03 12:31:04] [Gretchen Kolb] So true about attention spans! It is amazing how shorter meetings can work just as well and force us to get to the point

[2021-06-03 12:31:20] [Mike Posencheg] Love the idea of shorter meetings!

[2021-06-03 12:31:27] [Gretchen Kolb] What changes now as you do presentations virtually?

[2021-06-03 12:33:06] [Denise Mariotti] I agree it is much easier to cheat with notes when virtual

[2021-06-03 12:33:17] [Angela Coladonato] I find that you need to use different types of media when presenting- dialogue; short videos, storytelling and discussion

[2021-06-03 12:33:20] [richard.wender@penntufts.edu] Have to consciously keep my energy up as if I were feeding off the audience - even when I can't see the audience! NOT easy

[2021-06-03 12:33:48] [Sharyn] Thoughts who making sure YOU are the right person to present? Mike is a great presenter because he's genuine. Just because someone is a subject matter expert doesn't make them the best person to "present". And ps - Cindy, you could probably present on how to watch paint dry and make it interesting.

[2021-06-03 12:34:25] [richard.wender@penntufts.edu] Maya Angelou's great quote:

[2021-06-03 12:34:26] [Sharyn] That should have been "thoughts on making sure you are..."

[2021-06-03 12:34:51] [Gretchen Kolb] How do you tell good stories during presentations?

[2021-06-03 12:34:54] [Rebecca Mountain] Mike, your use of stories reminds me of the saying, "People will not remember what you said or did, but they will remember how you made them feel." Your stories accomplish exactly that.

[2021-06-03 12:35:10] [Jon (he/him)] Make sure you know what *kind* of story you're telling.

[2021-06-03 12:35:17] [richard.wender@penntufts.edu] Maya Angelou: "People will forget what you said, people will forget what you did, but people will never forget how you made them feel."

[2021-06-03 12:35:23] [Allison P Wilson-Maher] I love how Dana and Mike are acknowledging what each other has said and how each is reinforcing good points the other has made. This is one of my most helpful tips on a panel!

[2021-06-03 12:35:54] [richard.wender@penntufts.edu] SORRY - Rebecca shared same quote!

[2021-06-03 12:36:08] [Marie Devenny] totally agree...I remember way more from Mike's stories and presentations because of how he makes me feel. He's connecting to me, to us...not "talking at me" while slides are rolling

[2021-06-03 12:36:09] [Sharyn] From the perspective of the presenter - is there something a listener can do to help a presenter that's losing their audience OR just isn't connecting?

[2021-06-03 12:36:50] [Rebecca Mountain] And you were more accurate--thanks Richard Wender.

[2021-06-03 12:37:19] [Samantha Simonsen] I am not a fan of comic strip slides.... I do like when presenters add pics of their personal life

[2021-06-03 12:38:11] [Gretchen Kolb] Are you funny? Do you use humor in your presentations?

[2021-06-03 12:38:16] [Samantha Simonsen] What is the best approach when you are presenting with multiple people

[2021-06-03 12:38:21] [Lester Lledo] for me the qualities of the presenter that keeps me engaged are, they are entertaining, they speak about topics that resonate with me, they are informative and authentic

[2021-06-03 12:39:10] [Beth Johnston] Arrive early, chat with members of the audience. They will have stories, often relatable to the topic of your presentation. Weaving those in can be a way to connect with the

audience (great way to quiet your nerves). If you are lucky, their story(s) are funny, and you introduce someone else's humor.

[2021-06-03 12:39:13] [Eric Trumbower] Sometimes you don't realize something is funny, until the audience laughs. Leave room for the laugh, don't rush it.

[2021-06-03 12:39:14] [beth kane] when telling my audience a story in which i talk about areas where i was successful in accomplishing things i also tell stories about how i made mistakes so that others dont make the same mistakes.....people tend to relate better when you speak of some of the mistakes you made in doing things along the way

[2021-06-03 12:39:35] [Julie] Dana and Mike, do you every directly ask audience members to answer a question or share feedback when the group is silent and you are trying to get the conversation going?

[2021-06-03 12:39:40] [Rebecca Mountain] When I am concerned about a presentation, I practice a short meditation just prior.

[2021-06-03 12:39:58] [Jackie Felicetti] As a presenter, never embarrass a member of the audience. If you ask a question, and the person does not answer the question they way you want, answer it in an affirmative manner, thank them for answering question, great that they spoke up and are engaged

[2021-06-03 12:40:18] [Jon (he/him)] To Mike's point about always being "on" - you are always telling a story. How do you make it the best one for your audience? Great point Beth!

[2021-06-03 12:40:29] [Bob Weidner] Everyone has butterflies when speaking. Good speakers have their butterflies flying in formation

[2021-06-03 12:40:33] [Daniel Soffer] are there any special tips for recorded talks compared to live/virtual?

[2021-06-03 12:40:49] [Gretchen Kolb] Bob- great quote!

[2021-06-03 12:41:38] [Jon (he/him)] Yes - accepting your expertise without having an opinion about that is key to presence.

[2021-06-03 12:42:10] [Lester Lledo] agree with Mike on presenting to an audience perceived to be highly intelligent, especially when presenting material that may be relatively new to the presenter, which they have not presented a thousand times

[2021-06-03 12:42:35] [Carolyn Blaylock] I think it is important to be transparent and lose any labels. I feel the audience is more open to listening when they feel respected, valued and as though it is a conversation as opposed to a speech.

[2021-06-03 12:42:45] [Kelly Gray] Most confident when on topics I have the most experience. Try to get myself as informed as possible, master the information, less afraid of questions I may not know the answer to. Even if I do not know, I will know enough to direct the conversation.

[2021-06-03 12:42:59] [Lester Lledo] with virtual presentation it is really difficult to gauge the audience's response because you can't see them

[2021-06-03 12:43:37] [Charmaine] As an introvert, I find rehearsing ahead of time very helpful.

[2021-06-03 12:43:41] [Mike Zinni] How do you reign in someone who seems to want to either take over the conversation or take it in a direction counter to the purpose?

[2021-06-03 12:43:56] [Beth Johnston] A little bit of nerves, adrenaline can work for you- capture that feeling and convey it as excitement

[2021-06-03 12:44:14] [Cynthia Clark] I agree with Mike - there are so many brilliant people in the room when you are presenting in healthcare. Focusing on engaging rather than "preaching" to the participants helps me overcome this fear.

[2021-06-03 12:44:27] [Lester Lledo] also the fear of being asked a question or questions for which the presenter may not know or be prepared to answer confidently

[2021-06-03 12:45:36] [Donna] I love that!

[2021-06-03 12:46:05] [Dan Feinberg] Amazing point Mike!

[2021-06-03 12:46:15] [Lester Lledo] agree with what Mike just said

[2021-06-03 12:46:47] [richard.wender@pennmedicine.upenn.edu] I love the fact that leaders at Penn unabashedly talk about projecting love. Thanks Mike

[2021-06-03 12:47:24] [Karen Pinsky] One tip - Watch your self on a recorded zoom and count your "um's"... you may be surprised!

[2021-06-03 12:47:24] [Gretchen Kolb] Great piece of advice I received from Cindy Morgan!



[2021-06-03 12:48:05] [Gretchen Kolb] Special Offer for our Lunch with Leaders Participants!
<https://performancemanager4.successfactors.com/sf/learning?destUrl=https%3a%2f%2fupenn%2eplateau%2ecom%2flearning%2fuser%2fdeeplink%5fredirect%2ejsp%3flinkld%3dREGISTRATION%26scheduleID%3d3755968%26fromSF%3dY&company=71508P>

[2021-06-03 12:48:27] [Gretchen Kolb] Registration is via Knowledge Link, so fire up the VPN!

[2021-06-03 12:48:56] [Gretchen Kolb] We will offer more courses in the future beyond July, dates TBD!

[2021-06-03 12:49:49] [Charmaine] Mike, thanks for always showing up in an authentic way

[2021-06-03 12:50:13] [Dave] The course is indicating that it is already full

[2021-06-03 12:50:21] [Amy] It's already full!

[2021-06-03 12:50:25] [Carolyn Hewson] I love that book!

[2021-06-03 12:50:29] [Gretchen Kolb] What Colors is your Parachute? https://www.amazon.com/What-Color-Your-Parachute-2021/dp/198485786X/ref=sr_1_1?crd=4YUMVR93IR78&dchild=1&keywords=what+color+is+your+parachute+2021&qid=1622738996&srefix=what+color%2Caps%2C148&sr=8-1

[2021-06-03 12:50:42] [Lester Lledo] Not available in my KL

[2021-06-03 12:51:50] [Edna Volz] It filled up in 2 minutes.

[2021-06-03 12:52:08] [colleen] Awesome!

[2021-06-03 12:52:24] [Marie Devenny] things I did not know about my boss!

[2021-06-03 12:52:34] [Carolyn Blaylock] Lol

[2021-06-03 12:53:26] [Andy Gordon] Run Silent Run Deep

[2021-06-03 12:53:33] [Gretchen Kolb] Feel free to add yourself to the waitlist, I just enabled it.

[2021-06-03 12:54:07] [Gretchen Kolb] If we ended up with slots you will receive notification if you add self to the waitlist.

[2021-06-03 12:54:26] [richard.wender@penmedicine.upenn.edu] This presentation about presenting was really a master class in leadership

[2021-06-03 12:54:28] [Lynn] Thank You. Very valuable

[2021-06-03 12:54:28] [colleen] Thank You!

[2021-06-03 12:54:31] [Gretchen Kolb] The recording for this session, other resources and presentations are available via Lead Strong site at: <https://www.med.upenn.edu/uphscovid19education/lead-strong.html>. You can also download the event series to your outlook calendar

[2021-06-03 12:54:31] [Sherine Koshy] Awesome tips! Thank you for inspiring Mike and Dana!

[2021-06-03 12:54:40] [Megan Advani] This was excellent, thank you!!

[2021-06-03 12:54:43] [Gretchen Kolb] The link to Lead Strong, 30 Min Coach and other resources can be found at: http://pennpointplus.uphs.upenn.edu/sites/PMA/Talent/Pages/talent-new.aspx?utm_medium=intranet&utm_source=shared+resources&utm_campaign=web&utm_content=talent+development

[2021-06-03 12:54:53] [Mike Posencheg] Fantastic session. Love the energy, authenticity, and many many tips!

[2021-06-03 12:55:04] [Donna] Thank you. Really enjoyed the conversation.

[2021-06-03 12:55:06] [Gretchen Kolb] We value your feedback. Please complete this brief survey to let us know how we could improve these sessions.
<https://survey.pennmedicine.org/s3/Lead-Strong-Lunch-with-Leaders>

[2021-06-03 12:55:12] [Lester Lledo] Cindy is a great public speaker, high energy, entertaining, informative and recruits great speaker..KUDOS

[2021-06-03 12:55:13] [Carolyn Blaylock] Another great hour of learning! Thank you, all!

[2021-06-03 12:55:16] [Deborah Drayton] This information will prove so helpful. Thank you!

[2021-06-03 12:55:19] [Dave] Great job today! Thanks Mike, Dana and, of course, Cindy!

[2021-06-03 12:55:39] [Lester Lledo] thanks Dana and Mike!

[2021-06-03 12:55:46] [Kelly Gray] Thank you!

[2021-06-03 12:55:46] [Christine Gasperetti] thank you thank you!!

[2021-06-03 12:55:51] [Nathaniel Maloney] Thank you!

[2021-06-03 12:55:52] [Blessy] Great session. Thank you!

[2021-06-03 12:55:55] [Anastasia Mylonas] thank you!



[2021-06-03 12:56:04] [Suzy] Thank you, great tips !
