**COURSE OVERVIEW**
During these unprecedented times of the COVID-19 crisis healthcare leaders are challenged with providing additional resources to front-line managers on clinical educational topics to enhance their staff's competency and resilience. Health care managers are leading in a time of transformation and transition and this education is designed to provide ideas and best practices around leading yourself and your team during adversity with the COVID-19 crisis and beyond.

Join Cindy Morgan, VP, Organization Development & Learning; Deb Driscoll, MD, SVP and Vice Dean Prof Svcs, CPUP; Sheila Kempf, RN, PhD, CNO and VP Patient Services, PMPH; and Fran Johnston, PhD, CEO, Teleos Institute, to contemplate adaptive leadership in the face of adversity. From compassion fatigue to workforce shortages, we will discuss the challenges we are experiencing and talk strategy to help us all reset and catch the second wind we need right now.

**TARGET AUDIENCE**
This activity is intended for physicians, nurses, physician assistants, nurse practitioners and healthcare administration staff and leaders in the Health System.

**EDUCATIONAL OBJECTIVES**
Upon completion of this activity, learners should be able to:
- Discuss adaptive leadership in face of leadership challenges, uncertainty and compassion fatigue
- Explore key skills for being resilient and bringing best self despite your own burnout
- Learn strategies to help reset yourself and your team
- Share your coping strategies and get ideas from others

**PLANNING COMMITTEE MEMBERS**

**Deborah A Driscoll, MD**
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**ACCREDITATION**
In support of improving patient care, Penn Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**DESIGNATION OF CREDIT**

**Physicians:** Penn Medicine designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** This program provides **1.0** contact hour

**Physician Assistants:** AAPA accepts certificates of participation for educational activities certified for **AMA PRA Category 1 Credits™** from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 1 Category 1 credit for completing this activity.
DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

No faculty or planning committee member reported any relevant financial relationships related to the content of this activity.

Relevant Financial Relationships: Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received or expected.