

### COVID-19 Recommended Guidelines for Penn Medicine at Home Services March 29, 2020

Penn Medicine at Home is prepared to care for patients with confirmed or suspected COVID-19. We have established the below guidelines to assist with home-based care planning for these patients.

**Patients with Mild Illness:** Monitor through phone or text based strategies including the COVID-19 Watch Program, follow-up through a primary care practice, or Penn Partners in Care.

# Penn Medicine Home Health

**Penn Medicine Home Health** is appropriate for those COVID-19 patients who:

- 1) Have a skilled need for in-person nursing care (wounds, infusions, etc.); OR
- 2) Need close monitoring of pulse oximetry and other vital signs due to underlying illnesses (lung disease, heart failure, etc.); OR
- 3) Have been started on home oxygen for COVID-19.

Penn Medicine Home Health COVID-19 patients will receive:

- 1) Home monitoring of pulse oximetry and other vitals; AND
- 2) Twice daily video visits; AND
- 3) In person visits wearing PPE if indicated.

### **Penn Medicine Hospice**

Penn Medicine Hospice will offer care to COVID-19 Positive patients in the following settings:

- 1) Home Hospice
- 2) Inpatient Hospice at Rittenhouse and Chester County on a case by case basis, contact hospice to discuss

**Penn Medicine Hospice** will not provide inpatient hospice care in the hospital for COVID-19 positive patients in an effort to reduce additional exposure & preserve PPE. Please consult Palliative Care.

**Virtual Palliative Care** is now available to support COVID-19 positive patients discharged to nursing facilities and their families.

**Please Note:** Hospice care may be initiated at home for patients with significant comorbidities and worsening clinical status from COVID-19. Patient DO NOT need to be hospitalized to initiate hospice.

### **Penn Home Infusion Therapy**

**Penn Home Infusion Therapy** is prepared to care for patients with COVID-19, however requests advanced notice to ensure appropriate time for planning.



## COVID-19 Referring Confirmed or Pending Patients March 29, 2020

Penn Medicine at Home is prepared to care for COVID-19 Patients.

#### **Inpatient Referrals:**

- Please send discharge information re: patient with a positive OR pending COVID-19 test as early as possible, preferably the day before discharge
- Please indicate clearly in the referral that patient has a positive OR pending COVID-19 test
- Due to planning and PPE required for visits, same day start of care may not be possible

Home Care Status	□ □ New	<ul> <li>Existing</li> </ul>	Non-Related Co	ondition Related	d Condition	
Home Care Services After Discharge	🗅 Nursing:Disease Management:Medication Management:Physical Therapy:Occupational Therapy:Home Health Aide:Social Worker;					
	✓ Nursing	🗌 Bili Blanket	✓ Disease Management	Lab Draw	Lactation Support	1
Requested Start of Care Date	3/23/2020					
Same Day/Next Day Start of Care Required For	Injectable teaching	Lab Draws	Wound care	Other (ple	ease specify)  N/A	
Name of Physician Who Will Follow Patient After Discharge	Dr. Jennifer Nizen					
Additional Comments for Home Care Agency Referral	COVID-19 Rule Out - Results Pending					

#### **Ambulatory Referrals:**

- Please indicate clearly in the order that the patient has a positive COVID-19 test, a pending COVID-19 test, or high clinical suspicion for COVID-19
- Home health and hospice referrals will be seen within 24-36 hours of referral; if patient cannot be seen within this time frame, the ordering clinician will be contacted
- Infusion referrals may require additional advanced notice if prior authorization is required

CONSULT TO PENN MEDICINE HOME HEALTH			
Class: Internal	refr. <sup>O</sup> Internal referral		
Physician to Sign Home	Care Orders and Follow at Home:		
\rm Diagnosis:			
Discipline(s):	Skilled Nursing Speech-Language Pathology Physical Therapy		
Addtional Disciplines Needed:	Occupational Therapy     Medical Social Work     Home Health Aide     N/A		
Programs:	ElderPAC AHCAH SOAR Other (Specify)		
Physician Specific Orders:			
Additional Comments:			
COVII	D-19 Positive		×
• Next Required		<u>≁ A</u> ccept	× <u>C</u> ancel

Additional Referral Questions can be directed to Penn Medicine at Home Central Intake: 866-888-8598