

EDUCATING THE STUDENT WITH WILLIAMS SYNDROME



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Williams Syndrome Association www.williams-syndrome.org

TODAY'S OBJECTIVES

 Familiarize ourselves with the Educational Profile of students with WS

Discuss Best Practices

Discuss Common Sense Accommodations

Williams Syndrome Educational Profile 2024

williamssyndrome

Students with Williams syndrome have a unique educational profile, with widely disparate strengths and weaknesses.

However, the effective utilization of their personal strengths and their ability to access technology can greatly improve success in more challenging areas and allow access to age-appropriate curricula with their same-age peers.

This profile was created to provide teachers and providers with a brief general overview of the relative strengths and weaknesses of students with Williams syndrome. Please recognize that individual children will present as individuals and may exhibit different strengths and weaknesses than those described here.





Reading

- Can generally learn to read well with intensive systematic phonics instruction
- Phonemic awareness including phonemic manipulation is a crucial teaching strategy
- . Struggle to create a "mental movie" when reading; this impacts comprehension
- · Reading comprehension may be impacted by language deficits



Can generally learn to read well with intensive systematic phonics instruction



Writing

- Learning to spell and writing out words is a critical component of literacy development.
- Composition skills frequently surpass mechanical ability
- Utilization of graphic organizers supports increased written output
- Handwriting skills may progress slowly even with intervention; intervention should be continued regardless.



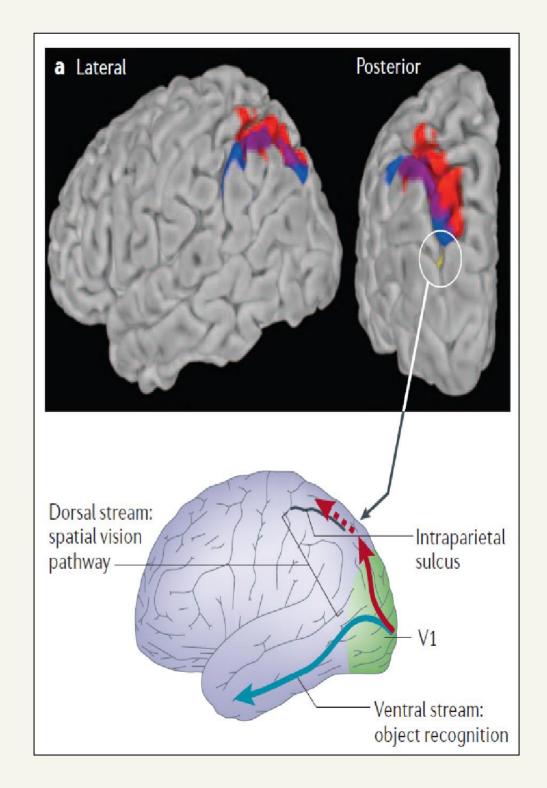
Need early access to assistive technology including both high and low tech supports.

Dorsal Stream Functional Deficits in Williams Syndrome

Reduced gray matter in the intraparietal sulcus, even for adults with WS who have "normal" IQ, leads to functional disconnection from regions dorsal to this point.

This is related to:

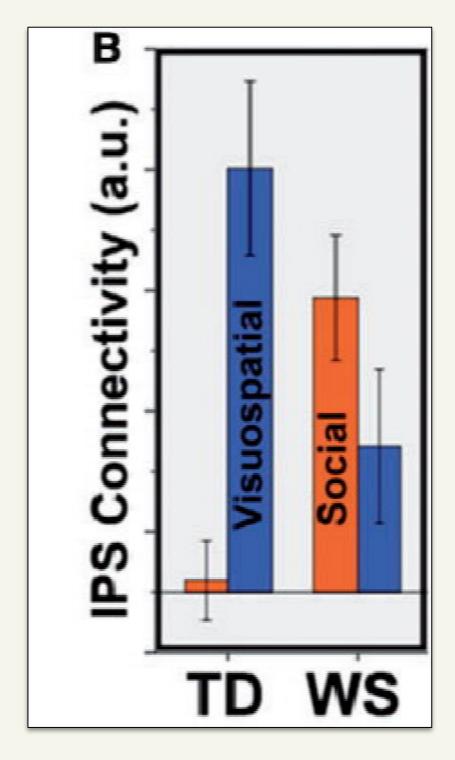
- Difficulty with visuospatial construction, including handwriting and pattern construction
- Difficulty with relational language (prepositions, complex conjunctions or disjunctions)
 - Impacts reading comprehension, social pragmatics
- 3. Difficulty with mathematics
 - Due to both visuospatial construction and relational language difficulties



Meyer-Lindenberg et al., *Nature Reviews: Neuroscience* (2006)

Differences in Intraparietal Sulcus (IPS) Functional Connectivity between Typically Developing (TD) Children and Children with WS

- TD children: IPS is strongly connected to <u>visuospatial</u> regions.
- Children with WS: IPS is strongly connected to <u>social</u> regions.



Gregory et al., Brain, 2019

More Advanced Relational Concepts

- Words that link two parts of a thought or two thoughts
- Examples:
 - -and, or
 - -unless
 - -however
 - -although
 - nevertheless
 - -as a consequence
 - -neither...nor
 - These are more complex
 - These concepts are not typically explicitly taught.
 - Children with WS need explicit instruction in advanced relational concepts.

Although the girl hurt her leg she can still walk to school.



INSTRUCTIONAL STRATEGIES



Important Tips

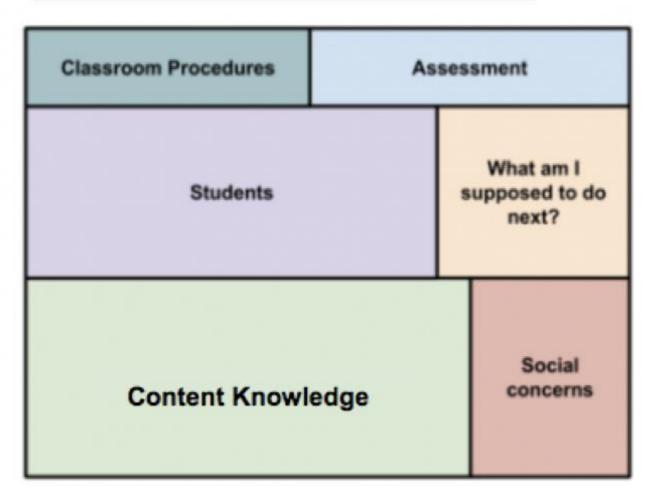
- There is wide variability in the abilities of individuals with WS
- Expectations should be set high as the children are often able to meet these expectations with support.
- Liberally use the Pre-teach/Teach/Re-Teach cycle. This supports working memory.
- Music and rhythmn may be an effective tool to aid in overall learning and may be helpful with pre-teaching and reteaching.

Loose structure,
 poor classroom
 management, and/or
 lack of appropriate
 accommodations can
 be more of a
 challenge than the
 WS.

Without instructional routines...

Students What am I supposed to do next? Content Knowledge Social concerns

With instructional routines...







The intentional use of instructional routines, decreases the need for behavioral interventions and increases a student's ability to function autonomously in the classroom.

We must be RESPONSIBLE and INTENTIONALLY TEACH them. Don't ASSUME the kids will learn them automatically.

PROMPT HIERARCHY

GREEN (LEAST RESTRICTIVE) \rightarrow RED (MOST RESTRICTIVE)

Natural or Environmental	Example: Setting up the environment in a way that facilitates task completion (providing necessary tools, etc.).
Gesture	Example: Pointing (or using another gesture) to direct student towards an item or task.
Object	Example: Placing an object near a student to encourage student to complete the task.
Visual	Example: Student uses icons, symbols, or visual schedules to complete desired task.
Indirect Verbal	Example: Give hints to guide students toward an object or task; "What's next?" or "What should you do now?"
Direct Verbal	Example: Give direct verbal instruction; "Pick up your toothbrush" or "please take a shower now."
Physical	Example: hand over hand, hand under hand.

IMPORTANT!

Our tendency when working with children is to use the "Direct Verbal" prompt. For children with WS this is very distracting to what they are doing because it starts a conversation/connection. Children with WS are "hard-wired" for conversation/connection. Therefore, they stop what they are doing to engage in that conversation and what they were working on previously is forgotten.

Using silent oues such as gestures or visual prompts is far more effective for building task endurance and independent work skills. Indirect prompts also help build problem solving and decrease learned helplossness.



From a parent: A good teacher match for someone with WS will:

- Set high expectations and see each student as capable of learning great things with the right supports.
- Recognize that students with WS are ready to participate, ready to learn; they sometimes just don't know where to begin.
- Understand that the language a child with WS uses may not accurately represent all going on in their minds.
- Be ready to shift--shift in tools, resources, or supports. There is always a way to make the learning accessible.
- Get ready for joy! Students with Williams with the right supports
 will find immense joy in learning and in their peers and will
 contribute greatly to classroom culture.





Reading is like breathing in and writing is like breathing out, and storytelling is what links both: it is the soul of literacy. The most powerful tool that we have to strengthen literacy is often the most underused and overlooked, and that is a child's own stories.

— Pam Allyn —

AZ QUOTES



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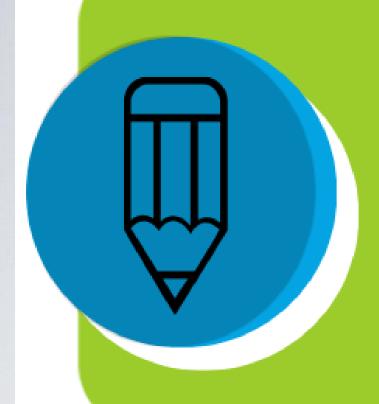


 Can generally learn to read well with intensive systematic phonics instruction

- · Needs:
 - Phonics
 - Phonemic Manipulation
 - Balanced literacy, 3 cueing, sight words can UNDO the progress that is made

**HUGE impact of visual/perceptual deficits

- Recommended Curriculum
 - Orton-Gillingham based...
 - Linda Mood-Bell <u>Visualizing & Verbalizing</u>
 - UFLI



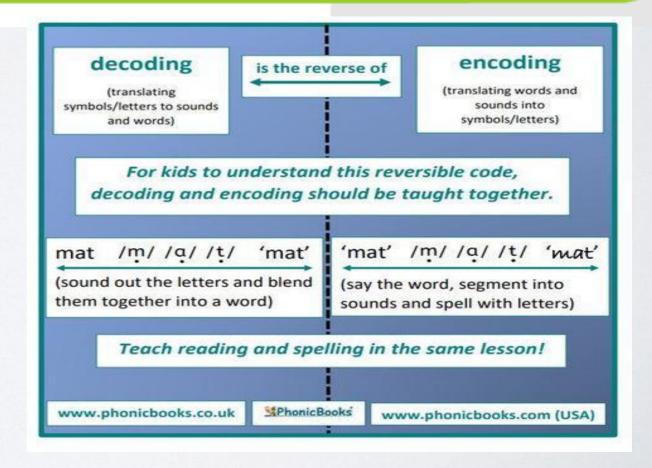
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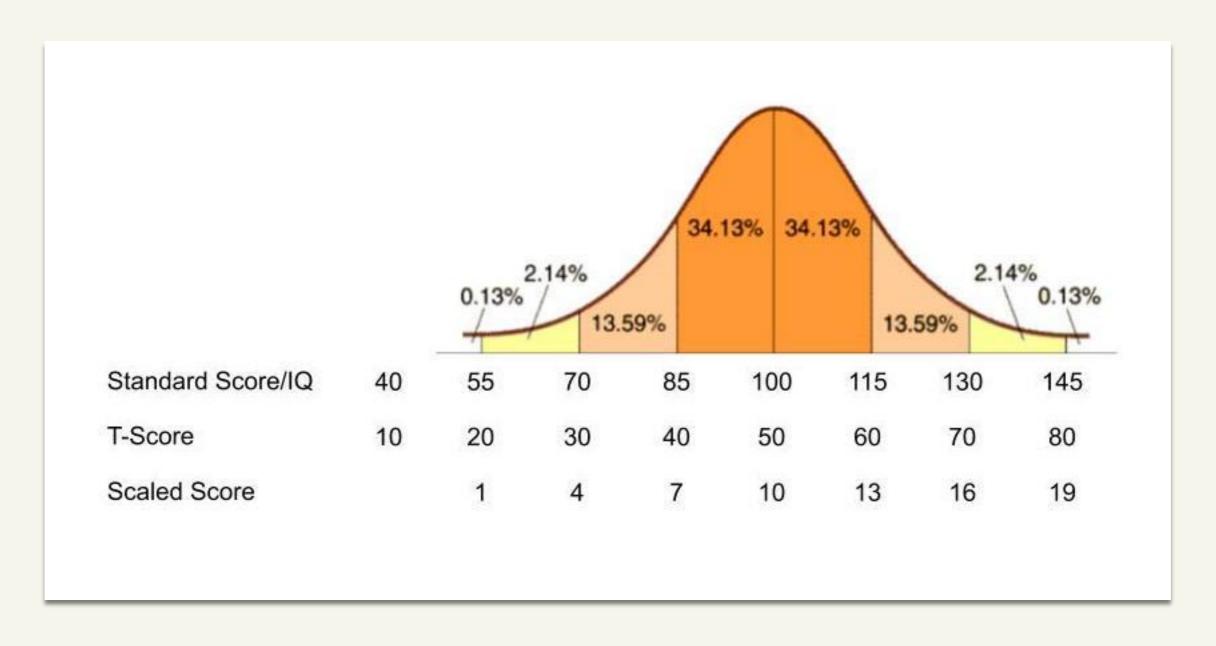


Need early access to assistive technology including both high and low tech supports.

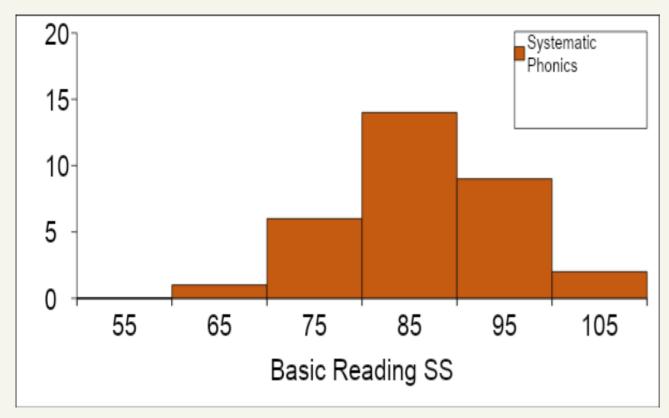
- Writing
 - Provide an "alternate pencil" RIGHT AWAY
 - Instruct in composition
 - Separate drafting and editing
 - Tell me more vs. WH questions

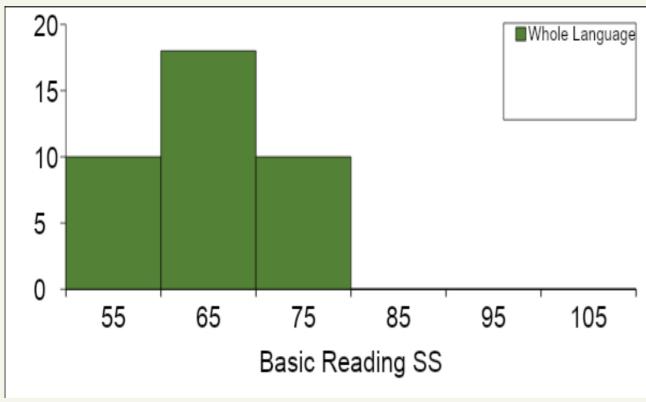


Normal Curve



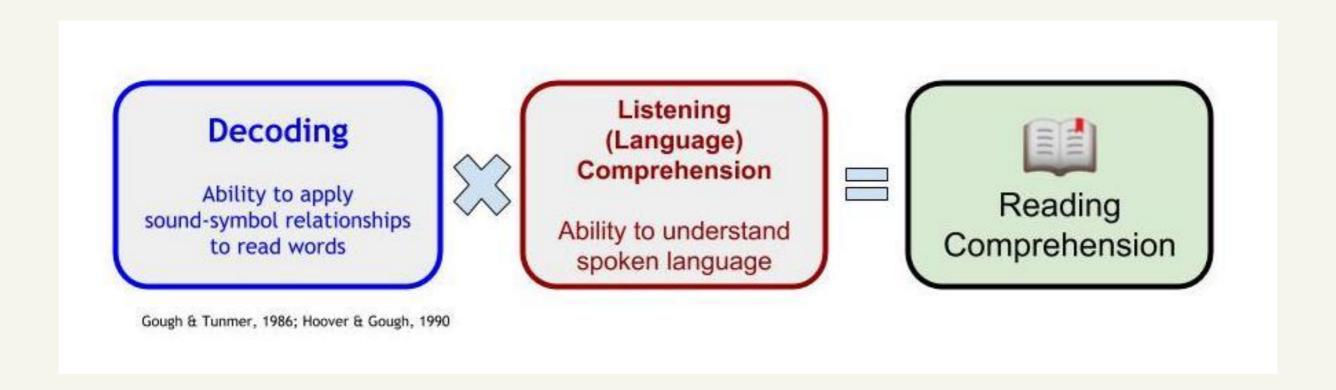
WIAT-III Basic Reading Standard Score as a Function of Reading Instruction Method (Age 9 Years, N = 70)





	Systematic Phonics	Whole Language
N	32	38
Mean	84.97	64.29
SD	8.17	6.65
Range	64 – 106	52 – 76

Simple View of Reading



That is, successful reading comprehension requires BOTH good (fluent) decoding skills AND good listening (language) comprehension skills

The Expanded Simple View of Reading

Language Comprehension



Fluency

Decoding (word recognition)

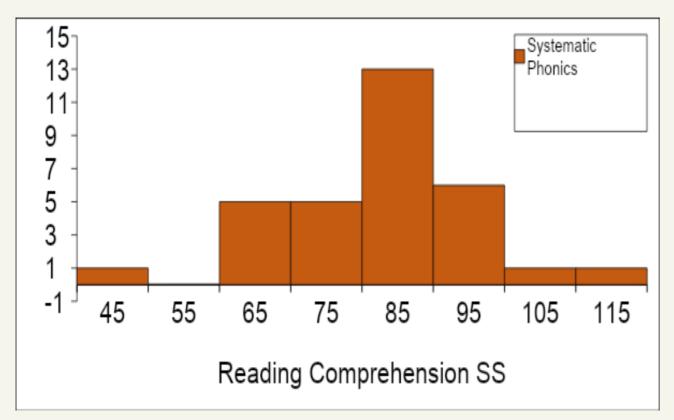


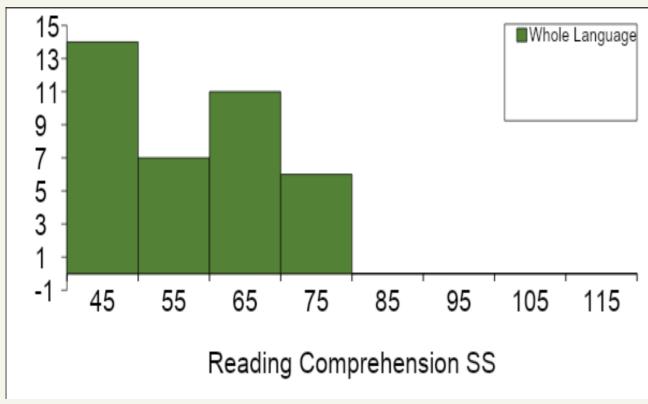
Reading Comprehension

- Comprehension monitoring
- Inferencing skills
- Background and topical knowledge
- Genre and text structure knowledge
- Syntactic awareness and grammatical understanding
- Vocabulary
- Reading with prosody (expression, intonation, phrasing)

- Print concepts
- Letter-sound knowledge
- Phonological awareness
- Phonics
- Morphological awareness
- Orthographic mapping

WIAT-III Reading Comprehension Standard Score as a Function of Reading Instruction Method (Age 9 Years, N = 70)





	Systematic Phonics	Whole Language
Ν	32	38
Mean	82.00	56.63
SD	13.67	12.31
Range	40 – 110	40 – 79

Percentage of 14 - 17-year-olds with WS who have Functional-Level Word Reading Abilities, as a Function of Reading Instruction Method

Reading Instruction Method	No Word Reading Age Equivalent < 10.0 Years	Yes Word Reading Age Equivalent ≥ 10.0 Years
Systematic Phonics	5 (13.2%)	33 (86.8%)
Whole Language	15 (100%)	0 (0%)

Systematic Phonics Group: Median Word Reading AE = 12.0 years (IQR: 10.9 – 16.0)

Whole Language Group: Median Word Reading AE = 7.0 years (IQR: 6.3 – 7.7)

Research Takeaways...

- Children with WS CAN learn to read.
- Proficiency with reading is DIRECTLY tied to instructional methods.
- Children need systematic phonics instruction that includes phoneme manipulation.
- Listening comprehension is crucial to overall understanding.
 - Conversations
 - Instructions
 - Reading

HeidiSongs' Chart of the Developmental Progression of A Child's Writing



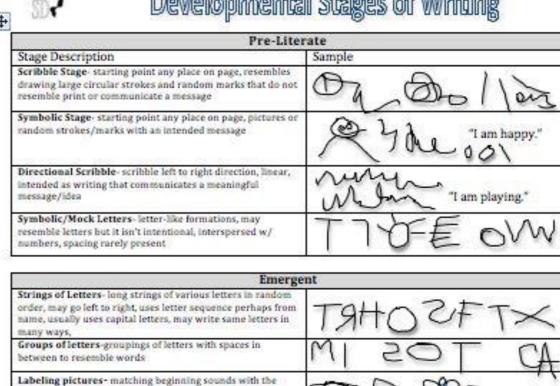


letter to label a picture

Environmental Print- copies letters/words from environmental/classroom print, reversals common, uses a

variety of resources to facilitate writing

Developmental Stages of Writing



Transitional,		
Letter/Word Representation-uses first letter sound of word to represent entire word, uses letter sound relationship,	IIW	(I went home.)
First/Last Letter Representation- word represented by first and last letter sound	製っ	(cat)
Medial Letter Sounds—words spelled phonetically using BME sounds, attempts medial vowels, uses some known words, more conventionally spelled words, one letter may represent one syllable, attempts to use word spacing, writing is readable.	ME CAT (My cat is brown.)	IS BUN

Fluent		
Beginning Phrase Writing- using all of the above skills to construct phrases that convey a message connected to their illustration	T Pla Wit my	
Sentence Writing: Construction of words into sentence formation, maybe multiple sentences, writing is readable, may use punctuation, known words spelled correctly, togic focused, BME with detail.	I play with my frind. We like to jump rop.	
Six Traits of Writing: Students use Six Traits of Writing (Conventions, Organization, Voice, Meas, Word Choice, Sentence Fluency)	1 - 0 - 1 - 4	

ALL children need to progress through the developmental stages of writing - REGARDLESS of the type of "pencil" they use.

About Writing...

When teaching WRITING to individuals with WS...



Structure & Scaffold

- Build the system so that the child can complete as independently as possible
- Avoid verbal prompting; Use indirect or environmental prompting



Anchor in Prior Knowledge

- · The child is the expert on the topic
- Facilitate, don't legislate, topic choice



Name Audience

- Who are you writing for? This is especially important for the child with Williams syndrome
- Support the child's ability to think about a variety of audiences: self, single others, groups



Mitigate Motor Needs

to investigate and resolve any issues you face



Integrate Types of Writing

 Lists, narrative, expository (compare and contrast, timelines, directions), poetry, letters (friendly and business), journals and diaries, texts, email, social media posting



Affirm & Encourage

- · Be a "curious partner"
- Ask student to read back what they wrote.
 Affirm their idea; "that sounds great"
- "Tell me more" about...; what else?; oooh interesting... tell me more...;
- NO "WH" Questions!



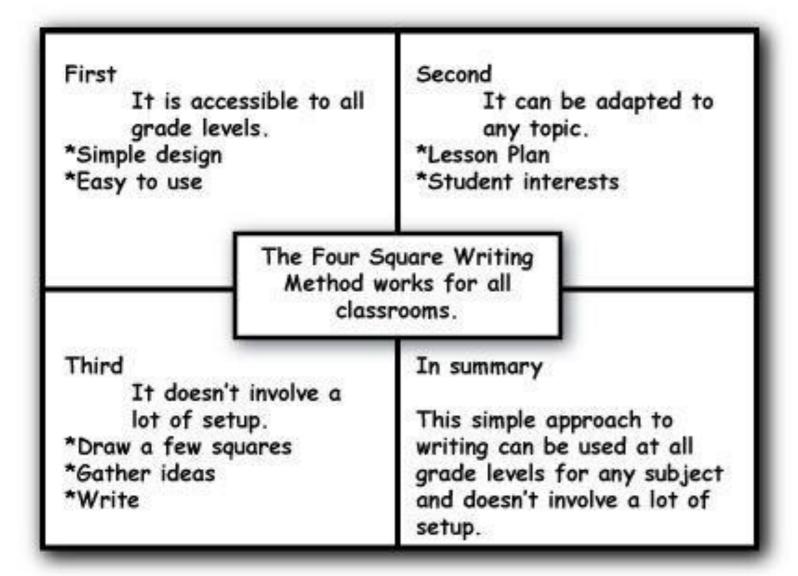
Your Goals are...

- clear communication NOT perfect spelling, grammar, punctuation, beautiful handwriting...
- Independence in all aspects (choice of topic, choice of audience, genre, revision, editing...)



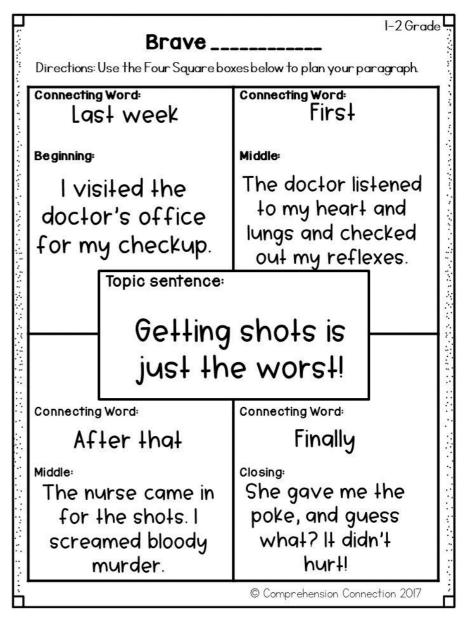
Use Mentor Texts

 These are great examples of different types of writing



Four Square Writing Method

Example:

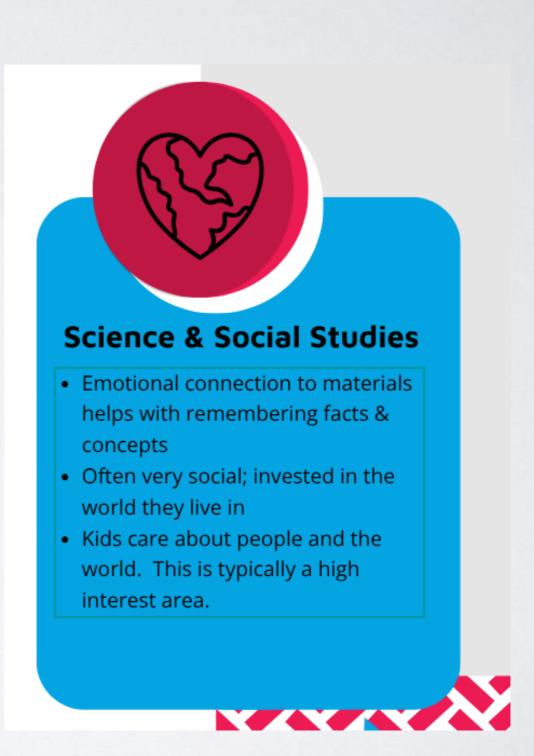


Instructional Guidelines

- 1. Double dip of language arts instruction
 - a. Children receive the same reading instruction as their grade level peers.
 - i. This is imperative as it supports the child's broad range of knowledge
 - ii. Also supports social needs by supporting the child's ability to be relevant
 - b. Reading instruction is augmented by direct instruction in systematic phonics which includes phoneme manipulation
- 2. Recommended Curriculum
 - a. <u>Lindamood LiPS program</u> preferred over all others because it systematically incorporates both basic & advanced phoneme awareness tasks, including phoneme manipulation.
 - i. This is the ONLY program in this list with peer-reviewed research demonstrating large gains in standard scores.
 - b. UFLI: University of Florida Literacy Institute
 - c. Phonics They Use by Patricia Cunningham
 - i. Making Words by Patricia Cunningham
 - d. Orton-Gillingham supplemented with advanced phoneme awareness training (phoneme manipulation)
 - e. <u>Wilson Reading: Phonics Module</u> supplemented with advanced phoneme awareness training (phoneme manipulation)
- 3. For children who have word-reading difficulties augment reading with audio
 - a. DO NOT use this as a replacement for reading instruction
 - b. This also does not replace <u>SHARED READING</u> which requires a proficient human partner to read to a child and discuss what is being read.

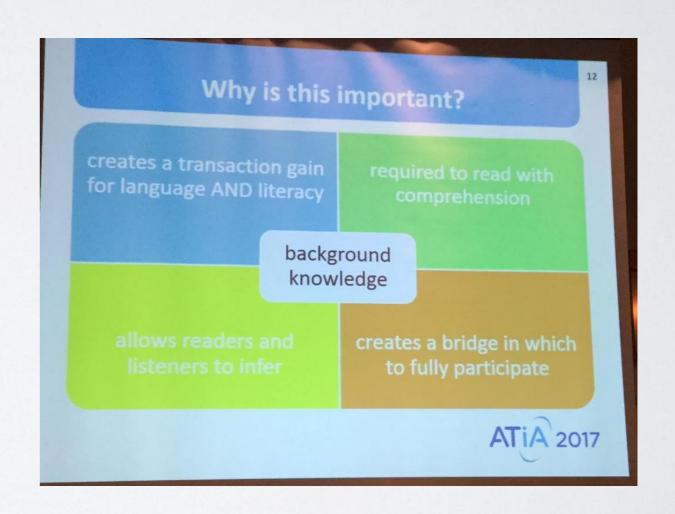
SOCIAL STUDIES/SCIENCE

- IMPORTANT to teach them for social relevancy/social capital
- Need prior knowledge
- Needs instruction in vocabulary



PRIOR KNOWLEDGE & VOCABULARY

- Robert Marzano
 - .97 effect size for vocabulary instruction
- John Hattie
 - Deep Learning
- David Koppenhaver & Karen Erickson



MATH

Kids CAN learn WITH deliberate & explicit instruction

- Touch Math Curriculum
- Simple strategies:
 - Number lines & Standard Algorithm
 - Hundreds Charts & Multiplication Charts



Math

- · Kids with WS can learn math
- Direct instruction with simple methodologies and sequential delivery is most effective
- Number lines, manipulatives, and Touch Math are highly effective
- Provide worked examples with sequential instructions



Working memory, nonverbal reasoning, and visuospatial skills likely will need to be accommodated to increase success in math.

SOCIAL SUPPORTS

- Social Thinking Curriculum
- Everyday Speech
- Circles Curriculum
- Zones of Regulation

ZONES OF REGULATION! Blue Green Yellow Red Sick Happy Calm Worried Silly/Wiggly Frustrated Worried Silly/Wiggly Yelling/Hitting

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Anxious

Out of Control Need Time and Space

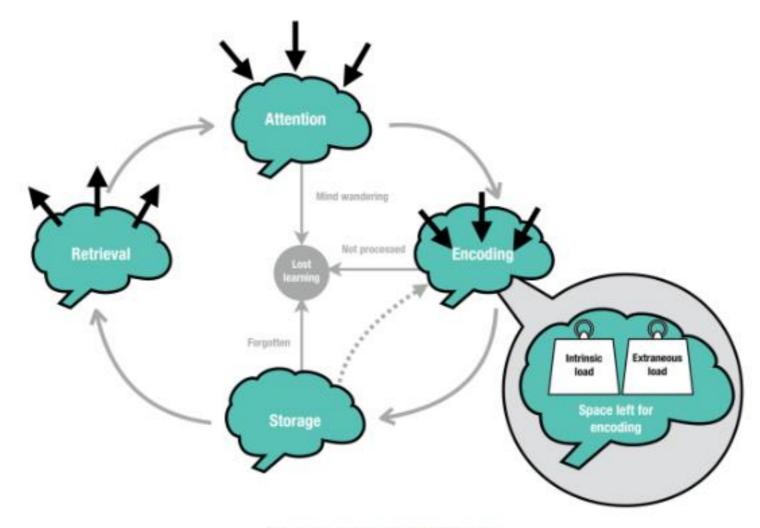


Social Relationships

- Kids with WS deserve legitimate friendships with their peers but lack the skills to build them
- Kids with WS have difficulty understanding sarcasm, irony, metaphor etc. and with social pragmatic language skills
- Their desire to please may lead them to follow poor examples from other students
- Direct instruction in self-regulation and pro-social behaviors is crucial.
- Zones of Regulation & Social Thinking are often effective curricula.

Secret Sauce... Dual Coding Theory

A simple memory model



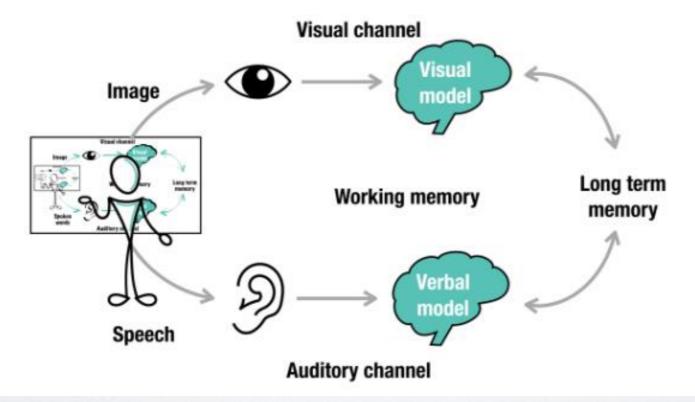
Simplified Memory Model

Secret Sauce... Dual Coding Theory

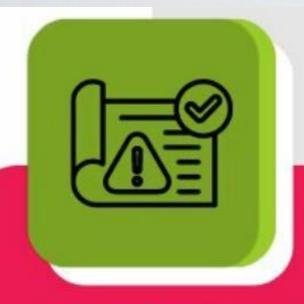
Working memory capacity can be effectively increased, and learning improved, by using a dual mode presentation

John Sweller: Cognitive Load Theory

In simplified terms it works like this:



What does this mean?



Executive Functioning

- Use task lists and visual schedules to support working memory
- · Provide worked models or pictures of completed work as examples.
- Allow extra time to complete a task
- Break a larger task into manageable parts
- Ask child to repeat instructions to ensure thoroughness and comprehension
- Consider pairing the student with a capable peer

Strategies for Supporting **Executive Functioning Needs**

Have homework written downin the same spot every day



Explicitly teach executive functioning& study skills



Give an extra 3-5 minutes to organize before transitions





Schedulea weekly organization time



Create routinesand practice themoften

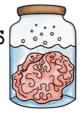


Incorporate movement during instruction

Createan end-of-the-day checklist to remember materials



Provide brain breaks duringand after instruction



Clearly explain academic& social expectations





Keepan extra set of books at home and in the classroom



Use countdowns& time checks during work periods



Have students setup homework binders

www.thepathway2success.com Clipart by Kate Hadfield

In a nutshell...



AUTONOMY



- We have to TEACH it...
 - Webb's Depth of Knowledge
- Executive Functioning
 - Decision Making
 - Problem Solving

Essential Questions

- What is the difference between autonomy and independence?
- Why is important to understand the difference between them?

Example of a more complex written list for a college student (puts a cross in each box as completes task). This example includes aspects of a schedule. The schedule and 'to do' list can be combined for more advanced individuals:

- Read history of art article and write down 5 main points to say if called on in class.
- Pack bag for class (include notebook and glasses). □
- Use internet and books to begin research for project. Make notes on key points to include according to your project map. □
- 4. Eatlunch [
- Set timer to 2pm to remind you to leave for class. □
- 6. Take a break D

Definitions...

Independence

- Self-sufficiency
 - Ability to complete a task without the physical/verbal assistance of another person





Autonomy

- Self-determination self-governance
 - making your own choices
 - make decisions based on known or deduced information

https://pediaa.com/what-is-the-difference-between-autonomous-and-independent/

What Makes Them Different?

Independent Life Skills (Skill)

"Activities of Daily Living (ADLS)"

- Hygiene Tasks
- RoomMaintenance/Laundry
- Cooking
- Banking
- Budgeting

To be completely INDEPENDENT you need to be able to do a skill on your own AND you need to be able to know if/when to do the skill.

Autonomous Life Skills (Decision)

"Decisions of Daily Living (ADLS)"

- "I" should take a shower
- "I" should do the laundry
- "I" should clean my room
- "I" should make some lunch
- "I" should go to the bank
- "I" should balance my budget

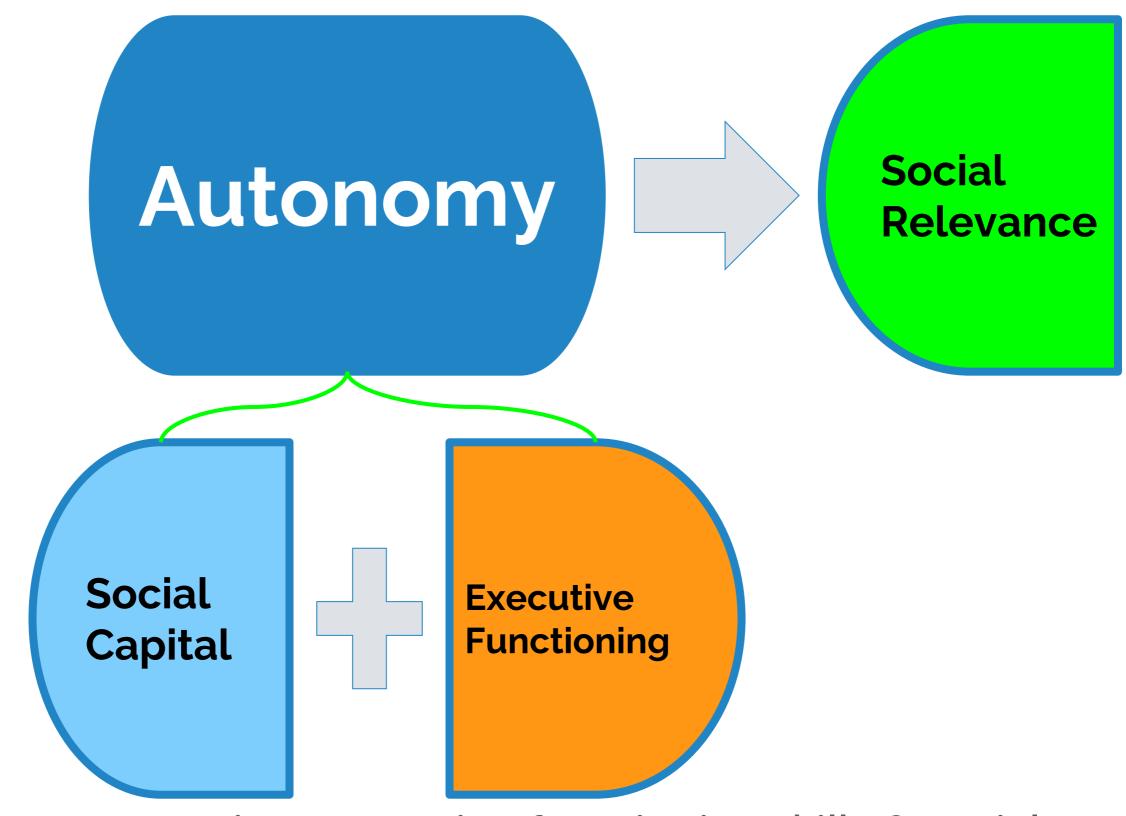
Think about...

Independent Skills without Autonomy = An individual who knows how to do the skill but who rarely (never) acts on their own

- Have you gotten dressed yet? Better do it! "Oh, OK"
- Have you taken a shower? Better do it! "Oh, OK"
- Is your room clean? Please clean it now. "Oh, OK."
- Have you done your banking yet? Better do it! "Oh, OK"

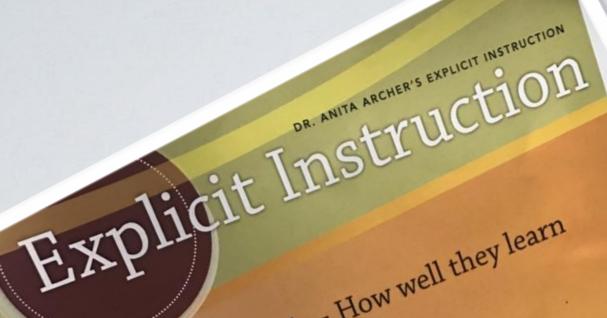
Autonomy without Independent Skills = An individual who knows what he/she wants but can't complete the task

- I want to look great for school/work/activity, can you help me?
- I need to wash my hair, can you help me?
- I need to balance my budget, can you help me?



- Autonomy requires executive functioning skills & social capital
- Autonomy increases social relevance.

AUTONOMYMEANS PRESUMING THE COMPETENCE OF OUR DIVERGENT CHILDREN WHILE ACKNOWLEDGING THEIR DISABILITY & PROVIDING SUPPORTS & ACCOMMODATIONS. KERIMA ÇEVIK



How well you teach = How well they learn

I do it. We do it. You do it. Learning is not a spectator sport.

Walk around. Look around. Talk around. Don't commit "assumicide." Perky not pokey.

Avoid the void—for they will fill it. Anticipate and remove. What you expect = What you get

Manage with compassion. Teach with Passion.



Ask about what they do at home ALL BY THEMSELVES...

GENERAL AVVARENESS

Be aware that students with WS...

- Generally have very weak visual spatial skills (especially visuospatial construction)
 - > impacts drawing/art/maps, as well as fine & visual motor areas
- Poor handwriting often require use of an "alternate" pencil (computer, label maker etc)
- May be very participatory want to please
- May be hypersensitive to certain sounds
 - > Can lead to obsessions and/or fears
- Often have expressive and receptive language challenges
 - > "delayed" processing/needs wait time
 - > Struggles with multi-step directions
- Often appear to understand more than they actually do
- May struggle with attention and focus, but are not necessarily hyperactive
- Often have difficulty modulating emotion
- May have high anxiety (often related to loud sounds (fire drills, alarms, whistles, power tools, balloons)

- Set expectation ground rules early
- No matter what the kids "look like" at a young age plan for the future; they will look very different at 4 – 7- 10 -14

COMMON SENSE ACCOMMODATIONS

- Tied to GE Curriculum
- Quick & Efficient
- Follow the path of least resistance

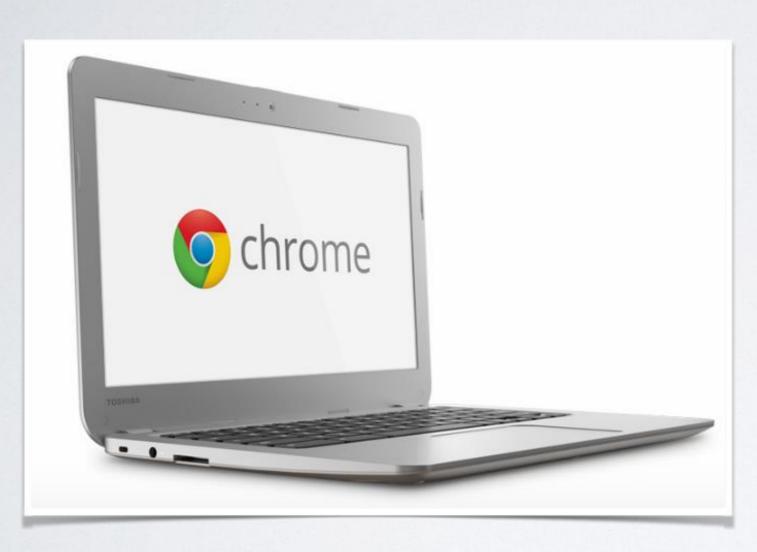


TYPICAL ACCOMMODATIONS - IPAD



- Less "real estate"
- Can accommodate for vision needs
- simple, familiar
- Guided Access
- Speak Text Feature
- Can use external keyboard with high contrast keyboard stickers

TYPICAL ACCOMMODATIONS - CHROMEBOOK



- DocHub or Kami
- Read & Write for Google
- Bookshare Web Reader

LOW-TECH ACCOMMODATIONS

- Stickers
- Mailing Labels
- Labelmaker
- Highlighters
- Shared Assignment



KEY POINTS

- Phonics
- Visual Perceptual Skills
 - comprehension
 - math
- Social Skills
 - prior knowledge
 - vocabulary
- Adaptive Behavior



Videos about Williams syndrome for Schools





PERCEPTION drives EXPECTATION

EXPECTATION drives **OPPORTUNITY**

OPPORTUNITY drives **ACHIEVEMENT**

ACHIEVEMENT drives PERCEPTION

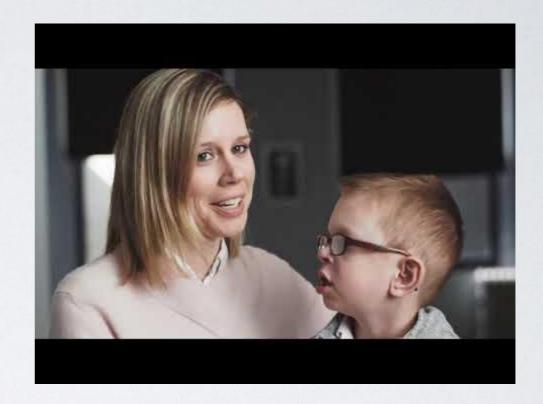
WHEN KIDS KNOW YOU CARE, THERE'S **NOTHING THAT** CAN'T BE ACCOMPLISHED. CAREFIRST &

EVERYTHING ELSE

WILL FOLLOW. VIA @JUSTINTARTE

Wanna see more???





Embraceable Video by Jon Kent

Camp Video by Keith Maitland

