Your ID _____ Today's Date _ _/ _ _/ _ _

Participant Pre-Test

Circle the letter of the best answer.

Example:

Which of these is NOT a season:

a. Winter
b. Autumn
c. Summer
d. ***Easter***
e. Spring

1. Which of the following would be most helpful to know in determining the meaning of behavior?
   a. past work history
   b. current health problems
   c. lifelong ways of coping with stress
   d. all of the above

2. People with dementia who wander may be trying to meet needs for: (circle all that apply)
   a. companionship
   b. feeling safe in familiar surroundings
   c. relief from boredom
   d. need for toileting

3. Under what circumstances is self protective behavior/resistance to care more likely to occur?
   a. when caregiving staff are feeling stressed and rushed
   b. when individual is not restrained
   c. out of the blue
   d. when the person is communicating clearly

4. What is the least appropriate first response to a change in behavior by a person with dementia?
   a. medication adjustment to sedate person
   b. asses person for a change in health status
   c. analyze events just prior to the start of the behavior to determine potential triggers
   d. use behavioral monitoring log to identify patterns in behavior

5. Which of the following is a potential reason why the individual with dementia might engage in noisemaking and repetative vocalizations?
   a. lack of sensory or cognitive stimulation
   b. intentional desire to annoy staff
   c. positive match between the individual's abilities and expectations
   d. none of the above, this behavior is always non-specific and lacks purpose

Circle T if the statement is True, F if the statement is false.

Example:
This is a test. (T) F

6. Persons with dementia often understand caregivers' voice tone and body language better than words. T F

7. In persons with dementia, behavior most often reflects willful attempts to be disruptive. T F

8. Observing the person to determine when certain behaviors occur is of little help in planning for care. T F

9. A person with dementia who kicks or bites during personal care may be telling me that s/he is in pain when I move her/his limbs. T F

10. It is next to impossible to predict or prevent aggressive behavior in a person with dementia. T F

Thank you. Please return to instructor.

Your ID _____ Today's Date _ _/ _ _/ _ _

Participant Pre-Test: Instructor's Key

Correct answers are in ***Circled Bold italic***

Circle the letter of the best answer.

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