



The Faculty Wellness Committee continues to work to address the issues identified in our wellness campaign last spring. There are significant updates to lactation services that were the highest rated priority identified during the Wellness Big Idea Campaign Last spring:

1. We have been working to improve access to lactation spaces by cataloguing existing resources and finding opportunities to create more. Attached you will find a list of current designated lactation rooms around campus. Those highlighted in yellow are in either health system or school of medicine space. Any University space on this list is also available for use. If we have missed any, please contact us to let us know so we can add to our list.
2. We have developed a standard for lactation space going forward that will be used for all new construction and to retrofit older areas.
3. Hospital grade pumps will be placed in each of the spaces highlighted in yellow by early spring. We hope that the availability of these pumps will improve efficiency and eliminate the need to carry pumps daily. All new spaces will have pumps.
4. We also want to make sure you are aware of some University resources for breastfeeding: [University's nursing mother's program](#) and [WellFocused's Work-Life resources for breastfeeding moms](#).
5. We will be developing a short video on building a culture of support for breastfeeding in the workplace and how to manage conversations around breastfeeding accommodations and resources. The video will be released within the next few months.
6. We are currently reviewing lactation policies to insure consistency across the institution.

Finally, to better support all women who wish to lactate, we need your help! If you have pumped at work in a Penn Medicine building (either in a designated lactation room, your office, or anywhere else) within the last five years, please complete [this survey](#) to tell us more about your experiences and preferences for lactation space. Please share widely with your colleagues so we can hear from as many women as possible to best understand everyone's needs.

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